WHAT TO DO WHEN THINGS GO WRONG AT SCHOOL

1. **We all want to spring to our children’s defence when they are upset or life seems unfair.** Before taking any action, it’s a good idea to sit down with them and let them tell you, without interruption, what has happened. Find out what has upset them. Ask them what they think would put things right. Children, like us, need the chance to unload to a sympathetic ear. Often children are prepared to fight their own battles and just want to vent. There’s nothing worse than charging into the fray and discovering your child has got over it and moved on.

2. **Help them think through what has happened.** Often, clearly thinking about events gets things into perspective or helps them see how they contributed to what happened. A good lesson for children is to learn which battles to choose. Life holds many irritations and we learn to take most of them in our stride. Erupting over minor incidents is no way to build sound relationships with classmates or teachers – or our own credibility.

3. **After you have slept on it, if you are still worried, or your child asks you to, contact the homegroup teacher.** The teacher may be worried too and will be able to suggest the next step. Or you will be able to get a clearer picture of, for example, class dynamics or reassurance that the incident was a minor one with no consequences for your child.

4. **If you are still concerned, contact the year level coordinator or the campus principal.** Our door is always open to parents. Schools really appreciate parents who want to find solutions rather than lay blame, especially when you show them you understand they have to take into account the interests of all the children in their care and cannot be pushed into punishing other children. The school is your ally and will be able to help you and your children.

5. **Build on your relationship with your children’s teachers.** Being familiar with the school and the other children helps you put together a more complete picture of what goes on at school. When you and your child’s teachers keep communications open, trusting and positive your child is the one who will reap the benefits.

SCHOOL COUNCIL ELECTIONS 2016

The School Council elections are open for nominations as of Monday 15 February 2016. There are 4 Parent and 3 DET vacancies to be filled. Information about the election process, a Notice of Election and Call for Nominations schedule is included in this newsletter. Nomination forms are available from both General Offices and close at 4:00pm on Monday 22 February 2016.

STANDING COMMITTEES

If you are unable to commit to School Council, but would still like to contribute to the College’s future direction, please consider joining one of the School Council’s sub committees. Members meet twice a term on a Tuesday night and all recommendations made by the committees are taken to School Council. Being a member of a committee also enables greater understanding of how the school operates and how decisions are made.

The sub committees are: Education, Student Engagement & Well Being, Resources, Community, Finance.

It is vitally important that we have parent input. If you are interested in joining one of the committees or have any questions, please contact Joanne Armarego on 9407 9700 or armarego.joanne.r@edumail.vic.gov.au.

IMPORTANT REMINDERS

At this time of year it is important to remind you of the following information:

**CAMPS, SPORTS and EXCURSIONS FUND (CSEF)**

Parents / guardians holding a valid means-tested concession card or temporary foster parents are eligible to apply for CSEF in 2016. Application forms are available from the General Offices at both Campuses. The CSEF is an annual payment to the school to be used towards camps, sports and/or excursion expenses for the benefit of eligible student. The secondary school student rate is $225 per year. See: Camps, Sports and Excursions Fund at this link: [http://www.education.vic.gov.au/csef](http://www.education.vic.gov.au/csef)

**CONTACT DETAILS**

If you have moved home, changed phone numbers or e-mail addresses please contact the office on 9407 9700 (MYC) or 9409 8222 (SC) to notify us of the change. It is important that we have up to date records in the event that we need to contact you.
VISITORS TO THE SCHOOL
All visitors, including Parents / Carers, must report to the General Office upon arrival. All official visitors must be signed in and carry a Visitors Pass. Parents / Carers are not permitted to walk around the school unaccompanied.

SCHOOL ZONES
Parents, carers and visitors are reminded of the importance of road safety around schools.
School Speed Zones will be enforced from the commencement of the school year and parents / carers / visitors are requested to abide the speed limited in the designated school speed zones during the specified times (8.00am - 9.30am and 2.30pm - 4.00pm).

SAFETY FIRST
In the interest of students’ safety, the staff car parks at each Campus are FOR STAFF ONLY. Parents / guardians / friends dropping off or picking up students are asked to park their car in nearby streets and not in the Staff Car Park.

ACCIDENT INSURANCE
The Department does not provide personal accident insurance for students. Parents and carers are responsible for paying the cost of medical treatment for injured students, including any transport costs. Student accident insurance policies are available from some commercial insurers. These cover a range of medical expenses not covered by Medicare or private health insurance.

LEAVE VALUABLES AT HOME
The Department does not hold insurance nor does it accept responsibility for private property brought to school by students, staff and visitors. Personal property is often brought to school by students. This can include mobile phones, calculators, toys, sporting equipment and cars parked on school premises. Students are discouraged from bringing any unnecessary or particularly valuable items to school.

STUDENT TRAVEL CONCESSIONS
All students requiring a Student Pass are required to obtain a 2016 Victorian Public Transport (VPT) Student Concession Card as proof of their concession entitlement. Further information and the Application Form can be obtained from: train stations, Public Transport Victoria (PTV) hubs, PTV Call Centre (Ph: 1800 800 007) or online at ptv.vic.gov.au.

MYKI CARDS—REGISTRATION
Registration of myki cards is optional; however, it is strongly recommended that students register their myki cards online at http://ptv.vic.gov.au/tickets/myki/registering-your-myki/. The main benefit of registering a myki is the balance on the myki is protected if it is reported lost or stolen.

College Principal’s Report

Trish Horner

Mill Park Secondary College
International Student Program

Local Homestay Families Wanted

Host families are a very important factor in the success of our International Student Program and are greatly valued by the College.

Our program is growing, so we are looking for more families interested in providing a warm and supportive environment for an international student who has chosen to study at Mill Park Secondary College. Families receive payment to cover expenses for fullboard and our International Student Coordinator is available at all times, to provide ongoing support to host families.

For more information please contact Marilyn Pridmore

Phone: 9409 8222 or 0438 681 125 Email: pridmore.marilyn.j@edumail.vic.gov.au
YEAR 12 VET SPORT AND RECREATION STUDENTS

A belated congratulations and thankyou to the Year 12 students in our VET Sport and Recreation program, for their excellent work in coordinating and running the events at the 2016 Middle Years Campus Swimming sports. This event provides an excellent practical opportunity for our students to test their skills and competencies learnt during Year 11. The students will back up by running events at the College Athletics carnival in term 2.

YEAR 11 AND 12 CATCHUP CLASSES

This year we will be ramping up the support for our Year 11 and 12 students in the form of catch up classes which will run on Wednesdays for periods 5 and 6. These classes are designed to support students who may have fallen behind in their learning, or just need extra time to complete some tasks. The classes are compulsory and will be coordinated by the Year Level Coordinators. Year 12 catch up classes have already begun, and Year 11 will start soon.

YEAR 11 HISTORY STUDENTS AT THE ‘SPIRIT OF ANZAC’ EXHIBITION IN THE CITY.

Thanks to Rebecca Miatke and Chris Kaladjziovski for taking the two Year 11 History classes to the Spirit of the ANZAC exhibition last week. The students were very engaged in the exhibition and learnt a great deal. We were given two separate pieces of feedback from staff at the Melbourne Convention Centre that our students were respectful, sensitive and even the best group that they had through! Students were so engaged with the exhibition that it was difficult to tear some of them away when it was time to leave. Even though there were significant delays with tracks works being done on the South Morang line, the students were patient, calm and courteous to other members of the public.

YEAR 12 CLASSES

I have been very impressed in the last week with the amount of effort being displayed by our students in their classes. This is especially so with the Year 12 classes I have visited. I have just come back from Mr Matheson’s Further Maths class, who were working extremely hard on a set of problems. After working through some paper based activities, he then moved the class to using Plickers, a very cool teaching strategy, which involves students answering multiple choice questions by holding up a piece of paper which contains a unique code. A camera records all of the students answers and immediately calculates how many students got the correct answer, which then allows Mr Matheson to target his teaching directly to the needs of the students. It was a great example of the excellent teaching and learning that goes on here.

Ms. Rebecca Miatke, Mr. Chris Kaladjziovski, and Ms. Antonia Coniglio
HAPPY CHILDREN

Kindness is a natural anti depressant because it causes a release of serotonin in our brain. Serotonin plays an important part in learning, memory, mood, sleep, health and digestion. It heightens our sense of well being, increases energy and gives a wonderful feeling of positivity and self worth. In a famous study undertaken by Dr Sonja Lyubomirsky, Professor, University of California, students were asked to commit five random acts of kindness a week for six weeks. They showed a 41.66% increase in happiness. The Social Capital Community Benchmark Survey, overseen by Harvard University researchers found those who volunteered time or money to help others were 42% more likely to describe themselves as happy.

While Wednesday February 17 was National Kindness Day, our campus chose to participate in Random Acts of Kindness throughout the entire week.

Students were encouraged to show kindness at school, kindness at home, kindness in their community and kindness with adults.

A Kindness Checklist was made available and hopefully families at home also experienced some random acts of kindness from their child/ren. The checklist is provided below to encourage student kindness to continue well past the national day.

**KINDNESS AT SCHOOL**
- Compliment someone
- Give a friend a hug
- Include people in your game
- Put a nice note on someone’s desk
- Help your teacher
- Give someone a turn
- Use your manners
- Help tidy your classroom
- Make your teacher a thank you card
- Talk to someone who looks lonely
- Pick up clothes that are left in the yard
- Say thank you to people who are kind
- Leave flowers on parent helpers’ cars

**KINDNESS AT HOME**
- Do a job without being asked
- Put your stuff away
- Help a neighbour or friend with something
- Clean your parent’s car
- Share your treats with someone
- Make your parents a cup of tea/coffee
- Put out the rubbish/trash
- Make your bed
- Help cook dinner
- Help with the laundry
- Ask before you use someone’s stuff
- Run a bath for your mum/mom
- Play with your brother or sister

**KINDNESS IN THE COMMUNITY**
- Pick up rubbish/litter when you see it
- Compliment three people
- Smile at three people
- Hold a door open for someone
- Say hello to your neighbours
- Decorate stones with positive messages and leave somewhere for people to find
- Ask your teacher if your class can write letters to people in nursing homes
- Make someone smile by telling a joke

**KINDNESS WITH ADULTS**
- Donate stuff you no longer want or need
- Bake a cake for someone
- Hand out flowers when you’re out somewhere
- Walk the dog with your parents
- Help at a community event
- Do something with your parents that they like without complaining
- Write positive chalk messages in a public place
- Take a meal to a homeless person
- Buy someone an ice-cream
Each of our new Year Level Hubs got involved in a variety of group activities which was great to see. One of these included students writing acts of kindness on leaves to add to our tree in the library. Our new Year 7 Captains did a great job of adding every leaf to the tree.

STUDENT UNIFORM

As the last few days of this week have been a little cooler, the need for students to dress more warmly has arrived. This has resulted in some students wearing coloured long-sleeved tops under their white shirt with the sleeves showing, instead of wearing the school jumper or jacket. Any piece of clothing that is not school uniform and is visible is not permitted. Some students who do not yet own school pants have taken to wearing non-school track pants for warmth. Again, these are not part of our normal school uniform and are not permitted.

In partnership with families, we aim to support all students to wear only Mill Park Secondary College uniform items. A reminder that P.E. uniform may only be worn to school on days when the student has a double P.E. class or P.E. elective. All students must be in their regular school uniform at all other times.
## MIDDLE YEARS CAMPUS LEADERS

### YEAR 9

<table>
<thead>
<tr>
<th>CAMPUS CAPTAINS</th>
<th>Yasmin Chebbou 9BS</th>
<th>Cole Hall 9BS</th>
</tr>
</thead>
<tbody>
<tr>
<td>CAMPUS VICE CAPTAINS</td>
<td>Tina Huynh 9BS</td>
<td>Jaslyn Rodrigues 9AE</td>
</tr>
<tr>
<td>HOUSE CAPTAINS</td>
<td>Belle Kong 9BS</td>
<td>Suhaas Kataria 9BS</td>
</tr>
<tr>
<td></td>
<td>Anthony Morabito 9AR</td>
<td>Rohan Singh 9BR</td>
</tr>
<tr>
<td>SRC</td>
<td>Methmi Manamperi 9BS</td>
<td>Katerina Toutzoglou 9AW</td>
</tr>
<tr>
<td></td>
<td>Amaneet Gill 9AW</td>
<td>Skye Shaw 9BE</td>
</tr>
<tr>
<td></td>
<td>Joshua Gallagher 9BW</td>
<td>Kristian Boca 9BW</td>
</tr>
<tr>
<td></td>
<td>Rovin Korale 9AE</td>
<td>Rachel Dihayco 9AE</td>
</tr>
</tbody>
</table>

### YEAR 8

<table>
<thead>
<tr>
<th>YEAR LEVEL CAPTAINS</th>
<th>Natalie D’Arche 8BS</th>
<th>Anna-Marie Quagliarella 8AR</th>
</tr>
</thead>
<tbody>
<tr>
<td>HOUSE CAPTAIN</td>
<td>Tharsika Srikamalanathan 8CE</td>
<td>Caitlyn Olive 8CE</td>
</tr>
<tr>
<td>SRC</td>
<td>Jessica Busuttil 8CE</td>
<td>Veda Mileva 8CE</td>
</tr>
<tr>
<td></td>
<td>Abhishek Chetty 8AW</td>
<td>Chris Manley 8BE</td>
</tr>
<tr>
<td></td>
<td>Tarsha Lyng 8CE</td>
<td>Razan Issa 8CE</td>
</tr>
<tr>
<td></td>
<td>Isabella Varallo 8BR</td>
<td>Jessica Pullar 8BR</td>
</tr>
<tr>
<td></td>
<td>Shelby Nanscawen 8BE</td>
<td>Marianne Giacoulidis 8BE</td>
</tr>
</tbody>
</table>

### YEAR 7

<table>
<thead>
<tr>
<th>YEAR LEVEL CAPTAINS</th>
<th>Antonio Petreski 7I</th>
<th>Gabriella Taha 7J</th>
</tr>
</thead>
<tbody>
<tr>
<td>YEAR LEVEL VICE CAPTAINS</td>
<td>Jade Sanchez 7E</td>
<td>Tanner O’Mara 7C</td>
</tr>
<tr>
<td>SRC</td>
<td>Mieka Stout 7I</td>
<td>Jaclyn Fellows 7I</td>
</tr>
<tr>
<td></td>
<td>Giulia Nicasti 7C</td>
<td>Alia McBrade 7C</td>
</tr>
<tr>
<td></td>
<td>Gumaz Khatra 7C</td>
<td>Yashveer Singh Goraya 7J</td>
</tr>
<tr>
<td></td>
<td>Elise Dow 7J</td>
<td>Avneet Kaur 7J</td>
</tr>
</tbody>
</table>

## CAMPS, SPORTS AND EXCURSIONS FUND (CSEF)

Parents / guardians holding a valid means-tested concession card or temporary foster parents are eligible to apply for CSEF in 2016.

Applications are available from the General Offices at both Campuses.

The CSEF is an annual payment to the school to be used towards camps, sports and/or excursion expenses for the benefit of the eligible student.

The secondary school student rate is $225 per year.

EVERY DAY COUNTS-ATTENDANCE

Going to school every day is the single most important part of your child’s education. Students learn new things at school every day—missing school puts them behind.

Why it’s important

We all want our students to get a great education, and the building blocks for a great education begin with students coming to school each and every day.

Students develop good habits by going to school every day—habits that are necessary to succeed after school, whether in the workplace or in further study.

Missing school can have a big impact on students academically and socially. It can affect their test results, including VCE, and, just as importantly, it can affect their relationships with other students, and lead to social isolation.

There is no safe number of days for missing school—each day a student misses puts them behind, and can affect their educational outcomes.

Each missed day is associated with falling behind in subject topics and assessment tasks, and lead to fewer subject choices and may impact on achievement in years 11 and 12.

Getting in early

It’s never too late to improve attendance—going to school more often can lead to better outcomes. Even at Year 9, when attendance rates for all students are lowest, going to school more often can make a big difference. Every day counts.

Schools are there to help—if you’re having attendance issues with your child, speak to your school about ways to address those issues.

What parents can do

- Consider school hours when planning appointments and family events.
- Genuine sickness may cause absence, yet many ailments can be managed over a school day. Make sure students don’t miss days if they can attend school.
- A “day off” sounds like a treat, but it adds to the impact of absence and puts students behind. Caring deny requests for a day off.
- Communicate known absences dates with the school.
- SENTRAL allows for contact with class teachers or the Home Group teacher in order to follow up on missed classwork.
- Planned absences of 5 or more days - provide details of dates to the school well in advance so a Student Absence Learning Plan can be organised. A Principal will meet with parent/guardian to discuss the plan.
- Contact the Year Level Engagement Team to work on an issues of truancy.

Currently our attendance at all year levels is above 90% which is good, but the real challenge is how do we keep it close to 100% and minimise the impact of absences.

How we work together, is the thing that will make the biggest difference for our students. Aiming for 100% is a great academic goal, but equally valuable as an attendance goal.
School Council Elections

Mill Park Secondary College
School Council Elections 2016

What is a school council and what does it do?
All government schools in Victoria have a school council. They are legally formed bodies that are given powers to set the key directions of a school within centrally provided guidelines. In doing this, a school council is able to directly influence the quality of education that the school provides for its students.

Who is on the school council?
There are three possible categories of membership:

- A mandated elected Parent category. More than one third of the total members must be from this category. Department of Education and Training (DET) employees can be Parent members at their child’s school as long as they are not employed at the school.

- A mandated elected DET employee category. Members of this category may make up no more than one third of the total membership of school council. The principal of the school is automatically one of these members.

- An optional Community member category. Its members are appointed by a decision of the council because of their special skills, interests or experiences. DET employees are not eligible to be Community members.

The term of office for all members is two years. Half the members must retire each year, creating vacancies for the annual school council elections.

Why is Parent membership so important?
Parents on school councils provide important viewpoints and have valuable skills that can help shape the direction of the school.
Those parents who become active on a school council find their involvement satisfying in itself and may also find that their children feel a greater sense of belonging.

How can you become involved?
The most obvious way is to vote in the elections, which are held in Term 1 each year. However, ballots are only held if more people nominate as candidates than there are positions vacant.
In view of this, you might seriously consider

- standing for election as a member of the school council
- encouraging another person to stand for election.

Do I need special experience to be on school council?
No. What you do need is an interest in your child’s school and the desire to work in partnership with others to help shape the school’s future.

What do you need to do to stand for election?
The principal will issue a notice and call for nominations following the commencement of Term 1 each year. All school council elections must be completed by the end of March.
If you decide to stand for election, you can arrange for someone to nominate you as a candidate or you can nominate yourself in the Parent category.
DET employees whose child is enrolled in a school in which they are not employed are eligible to nominate as parents for the school council where their child is enrolled
Once the nomination form is completed, return it to the principal within the time stated on the notice of election. You will receive a Nomination Form Receipt in the mail following the receipt of your completed nomination.
If there are more nominations received than there are vacancies on council, a ballot will be conducted during the two weeks after the call for nominations has closed.

REMEMBER
- Ask at the school for help if you would like to stand for election and are not sure what to do
- Consider standing for election to council this year
- Be sure to vote in the elections.

Contact the principal for further information.
School Council Elections

An election is to be conducted for members of the School Council of Mill Park Secondary College.

Nomination forms may be obtained from the school and must be lodged by 4:00pm on Monday 22 February 2016

Following the closing of nominations a list of the nominations received will be posted at the school.

The terms of office, membership categories and number of positions in each membership category open for election are as follows:

<table>
<thead>
<tr>
<th>MEMBERSHIP CATEGORY</th>
<th>TERM OF OFFICE</th>
<th>NUMBER OF POSITIONS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Parent member</td>
<td>From the day after the date of the declaration of the poll in 2016</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>to and inclusive of the date of the declaration of the poll in 2016.</td>
<td></td>
</tr>
<tr>
<td>DET employee member</td>
<td>From the day after the date of the declaration of the poll in 2016</td>
<td>1</td>
</tr>
<tr>
<td></td>
<td>to and inclusive of the date of the declaration of the poll in 2017.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>From the day after the date of the declaration of the poll in 2016</td>
<td>2</td>
</tr>
<tr>
<td></td>
<td>to and inclusive of the date of the declaration of the poll in 2018.</td>
<td></td>
</tr>
</tbody>
</table>

If the number of nominations is less than the number of vacancies, a notice to that effect and calling for further nominations will be posted in a prominent position at the school.

Trish Horner
College Principal
This fortnightly Newsletter will keep you in touch with career events, expos, courses, Open Days and so on. Attending career events will assist you to make wise career decisions. Students who do research, attend events, collect information, and talk to others about careers frequently find it easier to make their own decisions.

1. WHAT ARE SOME ALTERNATIVES UPON LEAVING SCHOOL?

One option is university study. Research shows that those who have a university degree are (on average) less likely to be unemployed and are likely to earn more during their lifetimes than those who do not. Others will want to complete a vocational course (VET) like hospitality, childcare or graphic design.

Another significant group will complete an apprenticeship or traineeship in areas such as plumbing, carpentry, mechanics, refrigeration or office administration.

Those entering employment with no study plans need to understand that their career options and earning capacity are likely to be limited in the long term. Qualifications are VITAL.

Thinking of University? There are nine in Victoria:

- Australian Catholic University (ACU) has campuses in Fitzroy and Ballarat. It is a small but growing national university, publicly funded, open to those of any or no faith.
- Deakin University’s largest campus is in Burwood, but it also has campuses in Geelong and Warrnambool. It is a large university offering a very broad range of degrees.
- Federation University has campuses in Ballarat and in Gippsland. It is a fairly small university serving two rural communities.
- La Trobe University’s main campus in in Bundoora, but it also has campuses in Albury-Wodonga, Bendigo, Mildura and Shepparton. It is a large university.
- Monash University is very large; its main campus is in Clayton, but it also has campuses in Berwick, Caulfield, and Frankston (Peninsula Campus) (also in Malaysia and Prato in Italy).
- RMIT is a large dual-sector institution (a VET provider as well) in the City, with other campuses in Brunswick and Bundoora.
- Swinburne is a dual-sector institution with a university campus in Hawthorn, and VET campuses in the city, Croydon, Hawthorn and Wantirna.

- The University of Melbourne is the oldest University, its main campus being in Parkville. It also has specialised campuses in Burnley, Creswick, Dookie, Shepparton, Southbank and Werribee.

- Victoria University’s main campus is in Footscray, but it also has campuses in the city, Melton, St Albans, Sunshine and Werribee. VU is a provider of higher education and VET courses.

**NOTE:** Charles Sturt University is sometimes listed with Victorian Universities. It is a NSW university with a campus on the Victoria/NSW border (Albury-Wodonga).

- There are many providers of vocational education (VET) such as Bendigo, Box Hill Institute, Gordon, Holmesglen, Kangan, Melbourne Polytechnic, RMIT, Swinburne, VU. With so many institutions available it is important that you do some research during senior years at school. This includes attending Open Days, Career Expos, school holiday programs and so on.

2. FOCUS ON SOME HEALTH DEGREES

- MEDICINE AND DENTISTRY - It is possible to study medicine/surgery at Deakin (Geelong), Monash (Clayton & Gipsland), and Melbourne universities. Many interstate universities offer medicine as well, and it is possible to study it in New Zealand (e.g. University of Otago in Dunedin) and have the qualification recognised in Australia. **NOTE:** Be aware that medical qualifications from many overseas universities are not recognised in Australia and further study in Australia is required.

The ONLY university in Victoria offering an undergraduate medical degree is Monash. Acceptance into this course is based on a combination of ATAR, UMAT result and a multi-mini Interview. UMAT is short for the Undergraduate Medicine and Health Sciences Admission Test. This year the test will be held on Wednesday 27 July. Registrations are open now and close at 5pm (AEST) on Friday 3 June, 2016. See: [http://umat.acer.edu.au](http://umat.acer.edu.au). The UMAT is a multiple choice assessment; it is possible to purchase practice tests at this website, and you are strongly advised to do so as the UMAT is very demanding and practice is vital. The only Victorian undergraduate degree which requires completion of the UMAT is Medicine at Monash. La Trobe University requires it for Dentistry, but only for non-Year 12 applicants. Some interstate universities require it as part of the application process for medicine, dentistry and some other medical-related courses so you are wise to check this.
Because of the competition for places, it is common for students keen to study medical courses to apply to **interstate universities** as well as Victoria. Living in a particular state does not give any priority to applicants. **NOTE:** International applicants see **International Student Admissions Test (ASAT).**

Monash also offers a post-graduate degree in medicine, as do Deakin and Melbourne universities. **Monash** has very specific requirements for entry to this degree, including that from 2017, the undergraduate degree **MUST be a Monash degree** (preferably the B. Biomedical Science, or alternatively the B. Pharmacy or the B. Physiotherapy, or in a small number of cases the B. Science). Most applicants for the Melbourne degree would complete either the B. Biomedicine or the B. Science at Melbourne first. **Deakin** does not specify the undergraduate degree. **NOTE:** Many post-graduate medical degrees require applicants to sit for a test known at the [GAMSAT](http://gamsat.acer.edu.au).

**Dentistry** is only offered in Victoria as an undergraduate degree at **La Trobe University (Bendigo)** and as a post-graduate degree at **Melbourne University**. It is important for anyone thinking of studying medicine or dentistry to **research** and start **preparing**; the competition for university places is very considerable. Some universities offer information sessions about their courses (eg ‘At Monash’ Seminar Series and **Focus On Melbourne** – details later).

Remember, of course, many students considering medicine or dentistry are well suited to several other occupations, not necessarily in the medical field, so explore these as well.

**BACHELOR OF HEALTH SCIENCES AT MONASH** – To whom is this degree suited? Are you passionate about health and keen to contribute to addressing real health challenges? This is a ‘parent’ course under which there are **four possible specialisations**. Students enrol in the course relevant to their specialisation: B. Emergency Health, B. Human Services (can lead to Masters in Social Work), B. Public Health Science and B. Radiation Science. Studies commence at the Caulfield campus where students from all specialisations apply scientific approaches to the study and improvement of health, considering physiological, behavioural, develop-mental, social and environmental aspects of human health and disease. After the first three semesters, you will develop an in-depth knowledge of the **theory and practice of your specialisation**. Prerequisites – Units 3/4 English and any Maths.

- **WHAT IS PHYOTHERAPY?** Physiotherapists assess, treat and prevent disorders in human movement caused by injury or disease and work in private practice, rehabilitation centres, hospitals, health department, mental health, school systems and with sporting organisations. Most aspiring physiotherapists want to work as sport physiotherapists, however, you need to understand that many, in fact, work with elderly patients. Physiotherapy is taught at **Monash, La Trobe, Charles Sturt and Melbourne** Universities. ACU is introducing the course at the Ballarat campus in 2017. The ATAR required for all courses is very high, and admission to the **Monash degree also requires an interview.** The Melbourne degree is post-graduate. A **science background and interest** is required for successful completion of the course.

- **WHAT IS MYOTHERAPY?** This is a remedial massage course which assists in rehabilitation, pain and injury management. The Advanced Diploma takes two to three years to complete. Some students who are interested in physiotherapy but who are not able to obtain the required ATAR find myotherapy a satisfying alternative. It is offered at a number of institutions such as Box Hill, Chisholm, Holmesglen, Melbourne Polytechnic, RMIT and Victoria University.

- **WHAT IS OCCUPATIONAL THERAPY?** Do you want to engage people to **participate in activities to their full potential**? Occupational Therapy involves working with individuals, groups and communities to **enhance their ability to engage in the occupations they want to, need to, or are expected to do.** It is taught at ACU, Charles Sturt, La Trobe, Deakin (Geelong), and Monash universities.

- **WHAT IS PROSTHETICS?** Learn about artificial limbs (prostheses) for people with amputations and supporting devices (orthoses) for people with musculoskeletal weaknesses. In Victoria this degree course is taught only at **La Trobe University**.

 Compiled by: m.walker
Parenting Programs & Seminars  

**Terms 1 & 2**

**Wishing Away Worries**

Feeling anxious about your child’s safety? Steps and strategies to help your child feel safe and secure. 

**When:** Thursday 12th May 
**Time:** 7:30pm - 9:00pm 
**Where:** Annandale Room, Melbourne City Council

**Slow Parenting**

Steps and strategies to help your child feel better about their body and how they look. 

**When:** Thursday 20th June 
**Time:** 7:30pm - 9:00pm 
**Where:** Jinda Family and Community Centre, 43 Princes Highway, South Morang

**Wishing Away Worries**

Steps and strategies to help your child feel better about their body and how they look. 

**When:** Tuesday 24th May 
**Time:** 7:00pm - 9:00pm 
**Where:** Moreland City Council