



College Principal's Report

This week brings our school year to a close and with formal classes completed across the College, most of our students have commenced their holidays after a busy and challenging school year. It seems not too long ago that I joined the College in the role of Acting Principal and as I provide this report I am pleased and privileged to have been appointed as the substantive College Principal going forwards. It is exciting to be in a position to lead our school community into the new year and beyond, and work to provide our students with the best possible education. As a College we can only do this if we continue to listen to our students so that we understand their needs, support our highly professional staff to be the best they can be and work in partnership with our families to ensure that we are all moving in the same direction to support learning. As Principal this will be my focus and I look forward to engaging with students and families as we embark on this process together. I am lucky to join the College after a period of such strong leadership under Trish Horner, and while we will be acknowledging her significant contribution to the College next year at a formal function, I would like to pay tribute to her service and thank her for the personal support and guidance that she has provided to me while in the acting role.

On Wednesday of this week I will be joining our Class of 2022 at Moonee Valley Racecourse along with their families and our staff to celebrate the graduation of our final year students. In any normal year this is an outstanding achievement, however, in 2022 we know that this class has overcome challenges and barriers which are significant and different to what Year 12 students typically face. As teachers and families we have done our best to support them through this journey, but I would like to acknowledge the personal resilience, optimism, and determination of our students. Whether it was during remote learning, or face to face they were able to maintain contact with their programs, even when their motivation was at a low point. Ultimately it has come down to them and their attitude and efforts. On Thursday 15 December their VCE and VET results will be released and for some there will be excitement, and in some cases there may be disappointment. Whatever their results, we are very proud of them and I know that through making this step and completing Year 12 in this year, they have also built a resource of personal strength to draw on with them in their life beyond Mill Park Secondary College. We wish them the very best.

At the other end of the spectrum, we welcomed our incoming Year 7 students into the College on Orientation Day. All reports are that this was a positive day. The transition process ensures that our students are well known before they arrive from their primary schools and much planning has gone into understanding this cohort of students and considering how best to support them. Our Middle Years team is looking forward to starting in 2022 and it will be great to welcome families in the new year for our Picnic and Welcome Nights.

Just over a week ago I had the pleasure of attending our Twilight Concert held at the Senior Campus on the lawns. Our musicians and singers have shown extra determination to continue their learning during periods of lockdown and remote learning and there was a collective excitement present at the concert - not just amongst the students but also in the audience. It is so fantastic to be able to hear our students performing again. Providing our students with performance opportunities will be a focus of next year and I look forward to welcoming the community back into the school as soon as possible to hear more live music. Whilst on the topic of creativity I would also like to acknowledge the work of our Arts team who have pulled together a fantastic online exhibition of our students work from across the year <https://sites.google.com/millparksc.vic.edu.au/virtualartsfestival2021/home>. I encourage everyone to jump online and have a look as the talent and commitment on display is inspiring and uplifting.

Our staff have been a common thread and source of support for our students across the year. I would like to take this opportunity to publicly acknowledge the support which they have provided me being new to the school, but most importantly for their work with our students. At the College we are lucky to have a team of dedicated teachers and supporting staff and I know that they have our students best interests at heart. A number of staff will be moving on to new positions and promotions in 2022 and we will also be welcoming a number of new staff to the College - I look forward to reporting on this in the first edition of the College Newsletter for 2022.

Today I attended a funeral service for Year 10 student Hayley Power-Wallace who recently passed away. It was a moving service, and a large number of people including members of the school community gathered together to mark this tragic event. I extend again the condolences of the College community to Hayley's family and friends. It is difficult to reconcile and make sense of this devastating loss against a young person who was clearly known and loved by so many. I ask that as a community we all continue to look out for each other with care and concern, and that you seek assistance for anyone that you may be concerned about. The safety and wellbeing of our young people is so important - it cannot be understated.

Finally, I would like to wish everyone a safe and happy holidays. I know that for some there will be religious celebrations, for others there will be large family gatherings that after lockdowns become all the more special. Whatever your plans I look forward to seeing you safe and well in the new year.

Tim Natoli
Acting College Principal



College Report

'This term the Year 8 students ventured off on a 3 day adventure to Alexandra Adventure Resort. Whilst on the bus on the way to camp, everyone's emotions were roaring with anticipation and excitement, we couldn't wait to get there. On arrival, we were greeted by the camp's friendly and supportive staff members. They explained how the camp was going to run and what activities we would be doing. By then, everyone was buzzing with enthusiasm for what was to come. After unpacking our bags, we jumped straight into all the activities the camp had on offer. We tried our hands at archery, a high ropes course, raft building, beach volleyball, rock climbing, and more. We had a chance to go against each other and the teachers in laser tag and there was even a flying fox that went over the entire lake! It was exhilarating stepping off the edge and gliding down over the water to the other side.

Once we had finished our activities throughout the day and everything had settled down, we had our night activities. They consisted of a movie night, marshmallows around a campfire, and the talent show, which was the highlight of my trip. All the contestants displayed their best talents, and everyone had a blast. Oh, and did I mention the food! The food here at Alexandra Adventure Resort was incredible! The camp catered for everyone's special dietary needs, and served 5 meals a day. Breakfast, morning tea, lunch, afternoon tea, dinner and dessert. My favourite meal was the chicken schnitzel with vegetables and gravy.

We all had so much fun at camp, the only problem was that the time just flew by! It was a really great experience for everyone, and a great way for us to hang out with our friends after spending so much time cooped up in lockdown.'

By Zachary M, Year 8 Captain



College Report

The Middle Years Campus 'Share the Dignity' Fundraiser for period poverty raised \$458 from the students and \$718 from the staff. In terms of donations, **Year 7** donated 1090 sanitary items; **Year 8** donated 304 items; and **Year 9** donated 316 items.



SHARE THE *Dignity*

College Report

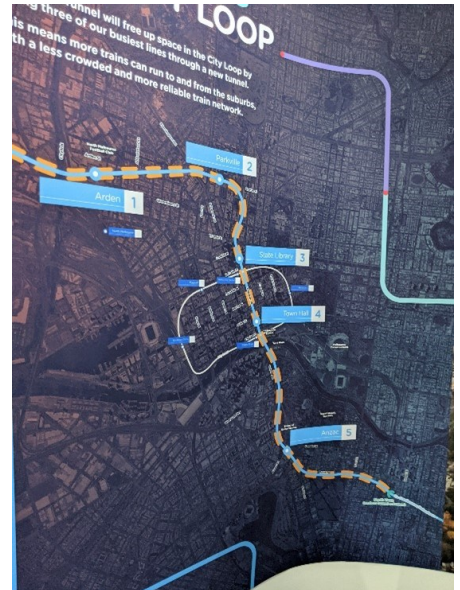
Year 9 City School Experience

Last week the Year 9's took part in a two-day City School Experience. Students had a chance to explore Melbourne CBD through self-guided city walks as well as visiting IMAX and Metro Tunnel HQ. At IMAX, the students watched Extreme Weather, learning about how climate change has led to extreme weather changes around the world. The documentary showcased scientists and their work in unlocking the keys to predicting and surviving the increasingly dangerous weather that is coming.

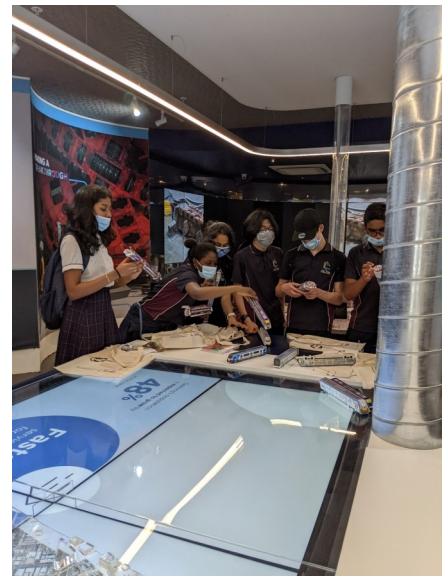
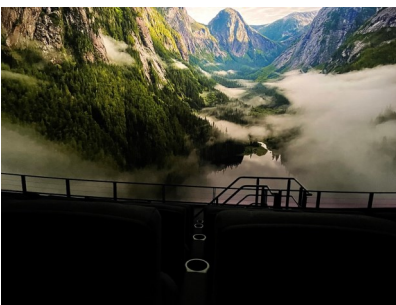
Mill Park Secondary College Visit Metro Tunnel HQ

During the City School experience, Year 9 students visited Metro Tunnel HQ to learn more about the Metro Tunnel, Victoria's biggest ever public transport project. The Education Program at Metro Tunnel HQ, the project's visitor centre, is designed to show students what the project means to them, targeting careers learning and skills in Science, Technology, Engineering, Arts and Maths (STEAM).

The audio-visual and augmented reality installations at the visitor centre helped bring the project to life. Students viewed the Town Hall Station construction site, learned about the challenges of creating rail infrastructure to support our expanding population and experienced the world of tunnel boring machines through videos and photos.



<https://bigbuild.vic.gov.au/projects/metro-tunnel/community/education>





Senior Campus Principal's Report

It has been a busy end to the year with Year 11 into Year 12 Headstart for two weeks, Year 10 into Year 11 Step up for one week and then Year 9 into Year 10 Step up for four days. It was amazing to go around to classrooms on the day of the awards assemblies and to see classes running like normal with students still actively engaged with their learning. This has put everyone in a good position to complete some preparation work over the holiday break and be fully prepared for 2022.



Year 10 Awards

Year 10 Awards assembly was held on Friday 3 December at the school Gym during session 5. This was also live streamed to families that registered.

Congratulations to the following award recipients:

MATHS

Accelerated Mathematics	Daniel Panettieri
Maths Methods, General Mathematics	Junhyuk Shin
Mathematics	Logan Goodyear

SCIENCE

STEM Science	Salih Kolakovic
STEM Science	Emily Smith
Biomedical Science	Junia Abraham
Psychology, Chemistry & Physics	Jamie Thomas
Environmental Science & Biology	Emely Chhor
Science: Extended Investigation	Emma Iacuone

PHYSICAL EDUCATION

Physical Education	Isabelle McAuliffe
VET Sporting Pathways Program	Mitchell Cullen
Outdoor Education & Environmental Studies	Nicholas James
Health & Human Development	Emely Chhor
Sportsmanship	Georgia Hatzikiriazis

HUMANITIES

Philosophy & the Real World	Samah Rasheed
Most Wanted: Legal Studies/Psychology Elective	William Brown
Overall Humanities Core Winner	Emely Chhor
Philosophy & the Real World, Extended Investigation	Emma Iacuone



Senior Campus Principal's Report

Geography	Junhyuk Shin
Business Economics	Nihar Baldota
VCE Economics	Maja Gligorevic

LOTE

Italian	Emma Iacuone
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ENGLISH

Literature	William Brown
SEAL English	Emma Iacuone
English: EAL	Zhong Wen Zhang
Overall English Winner	Junia Abraham

TECHNOLOGY

Materials: Fashion & Design	Andrew Hogan
Materials: Product Design	Roman Cokuzovski
Systems Engineering	Junia Abraham
VCE Applied Computing, Computer Programming	Nihar Baldota
Information Technology	Jazmine Steele
Urban Cuisine	Isabelle McAuliffe
Junior Chefs	Samah Rasheed
VCE Food Studies	Daniella Lancuba

ARTS

Music Technology & Reading	Jessica Compt
Graphic Design	Jazmine Steele
Architecture & Interior Design	Natalie Considine
Ceramics & Sculpture	Elysia Fotinos
Dance Styles & Choreography	Hayley McCormick
VCE Visual Communication & Design	Holly Harkness
Media: Film & Television	Jordan White
Media: Print & Digital Photography	Nihar Baldota
Music Performance	William Brown
VCE Studio Arts	Jamie Thomas
Painting & Drawing	Junia Abraham
Instrumental Music	Lachlan Fazio

2021 SPECIAL AWARDS - YEAR 10

Kwong Lee Dow Scholarship	Naomi Fitt
Kwong Lee Dow Scholarship	Nihar Baldota
Long Tan Leadership Award	Emma Iacuone
Jan Ross 'Genuine Endeavour' Award	Junia Abraham
Jan Ross 'Genuine Endeavour' Award	Emma Iacuone



Senior Campus Principal's Report

Year 11 Captains for 2022 are;

Year 11 Captains: Emma Iacuone and Celina Jobson

Year 11 Vice – Captains Levi Leech and Hayley McCormick



Year 11 Awards

Year 11 Awards assembly was held on Friday 3 December at the school Gym during session 3. This was also live streamed to families that registered. Congratulations to the following award recipients:

MATHS

Maths Methods	Dhvani Dave
Specialist Mathematics	Dong Yan Liu

SCIENCE

Biology, Physics & Chemistry	Sedani Rupasinghe
Psychology	Katie-Lee Tatnell
VET Laboratory Skills	Jibreel Rafiq
Environmental Science	Bryanah D'Costa

PHYSICAL EDUCATION

VET Community Service	Angeline-Rose De Vuono
Outdoor Education & Environmental Studies	Buu Duc Vuong
Sportsmanship	Ahmed Abumeis
VET Sport & Recreation	Jadel Khan
Health & Human Development	Genevive Andriopolous

Philosophy	Zoe McBride
Business Management & Legal Studies	Shunniel Gill
Economics & Accounting	Josif Domazetoski
Ancient History	Asal Khademi Astaneh



Senior Campus Principal's Report

HUMANITIES

Philosophy	Zoe McBride
Business Management & Legal Studies	Shunniel Gill
Economics & Accounting	Josif Domazetoski
Ancient History	Asal Khademi Astaneh

LOTE

Italian	Zoe McBride
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ENGLISH

Literature	Asal Khademi Astaneh
English Language	Ishandeep Singh
English: EAL	Yifei Liu
Overall English Winner	Zoe McBride

TECHNOLOGY

Product Design & Technology: Materials	Rylee Maxfield
Product Design & Technology: Textiles	Rebekah Maisano
Systems Engineering	Rohan Matthews
VET Building & Construction	Brooklyn Pappas

VCAL

Work Related Skills	Jordan Cooper
Personal Development	Tiesha-Marie Mein
Literacy	Jacob Shaw
Numeracy	Malek Helmy

ARTS

VET Fashion	Maahirah Diedericks
Music Performance	Henry Werner
Dance	Andrea Dionis

2021 SPECIAL AWARDS - YEAR 11

Jan Ross 'Genuine Endeavour' Award	Jaime-Lee Rodrigues
Jan Ross 'Genuine Endeavour' Award	Abbie Thorne

Year 12

Year 12 Graduation and Awards are scheduled to be held on Wednesday 15 December at Moonee Valley Racecourse. All graduating students will be presented with acknowledgement of their VCE/VCAL and VET Certificates. ATAR results are not released until the following day however awards will be presented to the top Study Score in each subject. Please note, all parents and guest are required to be fully vaccinated and show proof of this. Students from Mill Park Secondary College are not required to show their vaccination status. The presentation begins at 7:30PM so please arrive before 7:15PM if attending.



Senior Campus Principal's Report

2022 Year 12 Captains Announcement

The final few weeks of the year saw the process of 2022 student leadership applications and finalisation take place. We were delighted to see more than 20 applications for Year 12 Captain positions, and were extremely impressed with the skills, passion, and ideas of all applicants. Applicants were assessed on their written application, teacher endorsement, an interview, and student vote (for College Captain positions only).

Following this intensive process, it is our pleasure to announce the following Year 12 Captains for 2022.

- **College Captains** - Jaime-Lee Rodrigues and Reuben Roshin
- **College Vice Captains** - Jibreel Rafiq and Harry Skantzos
- **VCAL Captain** - Tiesha-Marie Mein
- **Academic Captain** - Shunniel Gill
- **Sport Captain** - Abbie Thorne
- **House Captains** - Sabrina Ali, Asawer Almadi, Lathika Anand, and Darci Locklier
- **Arts and Music Captain** - Rebekah Maisano
- **Health and Wellbeing Captain** - Angeline-Rose De Vuono
- **Inclusion and Diversity Captain** - Janet Kiny
- **Environmental Captain** - Simone Kavroulakis-Jackson
- **Newsletter Editor** - Kristina Doroghazi



Well done to all applicants and appointees – we are very excited to see you all in action in 2022!



College Report

Booklists

[Year 7 Booklist 2022](#)

[Year 8 Booklist 2022](#)

[Year 9 Booklist 2022](#)

[Year 10 Booklist 2022](#)

[VCE, VET & VCAL Booklist 2022](#)

Students involved in our SEAL program at Years 7-9 should use the links below to access their booklists, as they contain different resources. Please note that there is no separate booklist for SEAL students in Year 10:

[Year 7 SEAL Booklist 2022](#)

[Year 8 SEAL Booklist 2022](#)

[Year 9 SEAL Booklist 2022](#)

The booklists contain the required resources which will be used in each subject throughout the year. Each year our booklist is reviewed to ensure that each item listed is used in class to improve student learning.



We strongly encourage families to use our booklist supplier, Campion Education, as they are based locally in Thomastown and are able to supply all items listed on the booklist each year.

Parents can order their booklist items through an online ordering system or complete their order form and return it to the General Office. Booklist orders can be collected from the school on booklist day in January or you can purchase them directly at Campion Education's store in Thomastown.

You can find out more about our booklist supplier, Campion Education, by clicking this [link](#).



Edrolo

Students studying Unit 3/4 subjects will need to purchase Edrolo resources for some subjects, as listed on the booklist. This can be done by [activating your Edrolo account](#) with the code: fsc-hja

For more information about 2022 please see our [website](#).

College Report

Premier's Reading Challenge 2021

The Premier's Reading Challenge is designed to encourage students to read a set number of books over the year and record their efforts. Students (in Years 7-9) must read a total of 15 books for the year, and at least 10 from the designated list.

Mill Park Secondary College would like to congratulate the following students for completing the challenge, these students have been recognised at the MYC awards ceremonies.

Shumaylah Haque
Abilash Selvachchandran
Sehaj Singh
Vrishank Barot
Jenaan Najimun Niyas
Jordan Sampath
Neev Amar
Haleemah Inam
Akshaya Varapathan
Frensi Rustem
Jasmine Kaur
Justina Sampath
Michelle Yap
Shanan Thayaparan
Zachary Melvaine
Agshitha Nirmalan
Elle Tziliias
Insiyah Handy
Alka Patikkal Jnanesh
Nikki Proutsos
Valerie Tan



Victorian premier's reading challenge

College Report



Newsletter
Friday 10 December

Upcoming Events

ATAR Release – Thursday 16 December

THREE WAYS TO ACCESS VCE RESULTS AND ATAR:

WEB

resultsandatar.vic.edu.au

Log in with **VCE student number** and **results service password**.

Available from 7am, Thursday 16 December.

APP

Download the **Results and ATAR app** for iPhone and Android

Log in with **VCE student number** and **results service password**.

App available now; results available from 7am, Thursday 16 December.

MAIL

VCE and VCAL results and **ATAR statements** will arrive from Friday 17 December.

Printed ATAR statements will only be sent to paid VTAC applicants.

Non-applicants can request a printed ATAR statement from the VTAC website after results are released (\$30 fee applies).

Who can use the service? Any student undertaking one or more Unit 3 & 4 sequences (including Year 11 students). ATAR advice will only be provided to students who qualify for an ATAR in the current year.

The Results Service login details are separate from the VTAC account

VCE student number + results service password	VTAC ID + VTAC PIN
VCE Results and ATAR (Internet and app)	VTAC account (applications, change of preference, offers)

Changing one PIN/password does not change the other.

Students must register to access results

Before students can access results, they must register and choose a secure password which contains at least one character from three of the following groups:

- Uppercase letter (A-Z)
- Lowercase letter (a-z)
- Numeral (0-9)
- Special character such as ()~`#\$%&@^

Registration is open now at resultsandatar.vic.edu.au and students are encouraged to register early for the fastest access to results on Thursday 16 December.

Email: VCAA will also be sending student results by email if an email address was recorded for the student by the educational provider. ATAR information will not be sent by email.

SOLVING COMMON STUDENT QUERIES:

Trouble logging in (web or app)

Invalid VCE student number
Ensure the student is using their VCE student number, not their VTAC ID. Check student number on VASS or CourseLink.

Invalid password
See above for information about the results service password requirements. Ensure the password meets the character requirements specified above.

Forgot password

Retrieve lost passwords from the results site
Password reset instructions will be sent to the email address that was provided when the student initially created a password.

Other query

Contact PRAS
Immediately after results release, the **Post Results and ATAR Service** is the primary contact for all queries: (03) 9637 3877. pras.resultsandatar.vic.edu.au for opening hours.

College Report



Need help now you have your ATAR?

All Year 12 Students - Change of Preference

After you get your ATAR on 16 December the Careers Team will be here.

Come in and see us or call 9409 8222 (ask for Careers) or message us on 0407 820 172

Careers Office will be open during Change of Preference

- Thursday 16 December - 9am to 4pm
- Friday 17 December – 9am to 1pm

Just contact us via the mobile number above or the school number to arrange a time

University Change of Preference Events

All Universities, TAFE's and Private Colleges will be holding Change of Preference events. Some will be virtual, and others will be in person.

VTAC has produced a comprehensive list of all Change of Preference events, including phone numbers and contact details for all institutions.

[View the VTAC Change of Preference website.](#)

Want More Career Information?

Check out our [Careers Website](#) which provides extensive resources for students and parents.

MILL PARK SECONDARY COLLEGE CAREERS

IMPORTANT INFO SENIOR SCHOOL POST SCHOOL OPTIONS WORKPLACE LEARNING FOR PARENTS FOR STUDENTS

The future workforce of Australia

aitt

Mill Park Secondary College Careers

Our aim is to provide you with all the latest information that will help you make decisions about your future career and your life beyond school.

You can use this site to locate University, TAFE and any other type of course across Australia, get information about the VCE, search for job vacancies and much more. Feel free to drop into the Careers Office if you have any questions.

College Report



Welcome to the 2021 Virtual Arts Festival. The Virtual Art & Design Exhibition and Song & Dance Concert showcases the outstanding work created during the very challenging times of 2021. This online platform celebrates the Visual Arts/Design Technology and the Performing arts at Mill Park Secondary College.

It showcases the creative endeavours students experienced face to face when onsite in classrooms and remotely via zoom and google classroom. 2021 has been another challenging year and has raised the importance of Art/design as some students have used creative activities as a coping mechanism while others have developed work for their portfolios for Tertiary studies. The staff and students are very excited and grateful to be able to show their achievements. Join us to celebrate this years achievements.

A huge thank you to the students and staff involved in the creation of the work and for providing inspiring and engaging learning activities throughout yet another challenging year. This exhibition is a testament to their dedication and the ability to encourage students to develop a mindset of creative growth with impressive learning outcomes. Congratulations to the students whose work is represented in the arts festival and for being so resilient throughout the year.

Acknowledgements Visual Arts/Design Team

Jackie Wilson - VCE Studio Arts, Yr 10 Product design, Ceramics & sculpture,

Karen Szitarity - VET Fashion /Yr 10 Product Design Technology - Textiles Teacher

Tracy Allender - Yr 8, 9, 11 Textiles Teacher

Kevin Hawkins - Yr 10 Media Teacher

Michael Kneebone - VCE Product Teacher Design Technology Materials - Wood Teacher

Kylie Wren - Yr 7 - 9 Visual Arts Teacher

Anita Burum - Yr 7 - 9 Visual Arts Teacher

Mahsa Hesari - Yr 7 - 9 Visual Arts Teacher

Irish Villegas - Visual Arts Captain - 2021 - Thank you Irish for your assistance in organising and editing the virtual gallery spaces.

College Principal Ms **Trish Horner** & Acting College Principal Mr **Tim Natoli** and Senior Campus Principal Mr **Richard Dungey** for Ongoing support for the Virtual Arts Festival event.

Acknowledgements Performing Arts Team

Wendy Nagel & John Milton - VCE Music Performance/Yr 8/10 Music/Instrumental Music - for organising the video footage of music performances.

Brett Gaskett - VET Music Industry - Instrumental Teacher - Guitar/Bass

Serge De Leucio - Instrumental Music Teacher Percussion

Radha Claridge - Instrumental Music Teacher

Zoe Arsana - VCE/VET Dance Yr 7 Dance Teacher - for organising video footage of the dance performances and combining the videos for the virtual concert.

Alex Worth - Yr 12 Theatre Studies Teacher

Thank you and we hope you enjoy the virtual Arts Festival.

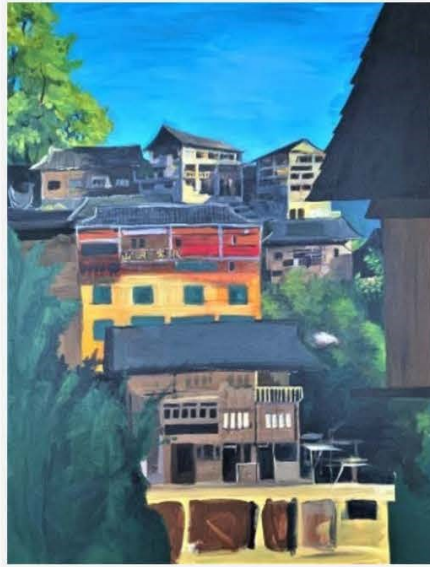
Gina Palamara
College Arts/Design Tech Leading Teacher

<https://sites.google.com/millparksc.vic.edu.au/virtualartsfestival2021/home>

click on the above link to watch the performances and view the work.

College Report

Photos of art/design technology work – from the Virtual Art/Design/Technology Exhibition



Xibing Wang
Year 11 Studio Arts
Acrylic on canvas



Student Name: Rimmas Nur
Class - Year 10
Subject: Clothing and Fashion Design
Elective Semester 1



Student Name: Lilah McCormack
Class - Year 12
Subject: Applied fashion Design Technology Cert
11
Topic - Make a simple Headpiece
Description - Using materials and processes specific to
millinery to create a Fascinator.

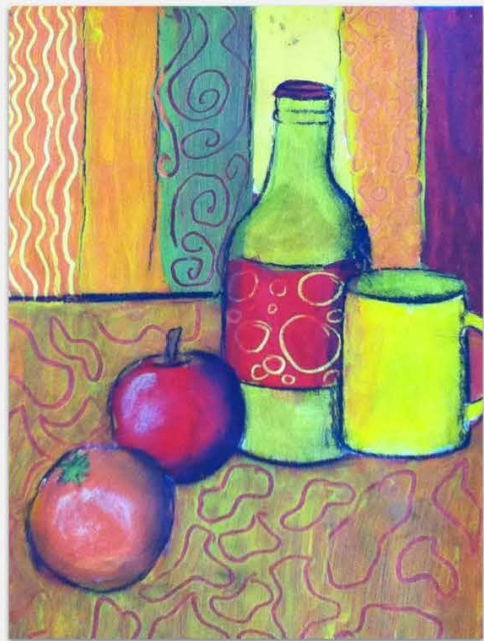


Irish Villegas
Year 12
Unit 3 & 4 Visual Communication Design



Beiyan Maker
Yr 12 Media
'Children of Noir'

College Report



Jordan Flexeder
Year 8C Visual Art
Patterned Still Life
Acrylic paint on paper



Marina Choo 9B, Priya Prasad 9C, Thalia Koutsintas 9C & Aaron Martir 9G
Year 9 Ceramics & Sculpture
Ceramic Seedpod
Terracotta clay



Ava Zahiri
Year 9 Clothing and Design Elective
Created by **Ava Zahiri of 9E** using the Bernina Sewing Machine this functional tote bag is fully lined and decorative buttons have been sewn onto the straps. Students learned the processes of sewing a button, attaching lining and creating corners.



Deacon Pullar
Year 10 Product Design
Pine Table

Students produced a pine table using the jig-saw, the domino cutter, drill and router. Tables were sanded using the circular sander and finished with a water based paint

College Report

The Valley



Sedani Rupasinghe

Year 12 Unit 3 & 4 Visual Communication Design

Environmental design
"The Valley"

Floor plan, elevations and perspective representation.



Anthony Trieu
Year 9H Visual Art

'Seaside'
Dry pastel on paper



Holly Harkness

Year 11 Visual Communication design

"All you need is love"
Typography

Digital print on paper

College Report

Photos from the Virtual Song & Dance Concert



Deviria Sutera - VET Dance (2nd Year)
"No Time To Die"
Choreography by: Zoe Arsana



**YEAR 10
DANCE**



Year 7 Dance

College Report

*Alia McBride acc. by Emily Beck
"Love Me Like A Man" (Bonnie Raitt)*



*Frensi Rustem - Year 8
"Arabian Nights"*



*Damian Pungor, Maafi Loto,
Trung Nguyen Nguyen, David Trieu Truong
"Apology" (Damian Pungor)*



College Report



Marina Wardak
Clare De Lune (Debussy)



Ahron Utso Sen
Original Composition
Kool Skools Recording Project



Maafi Loto
"Rosanna" (Toto)



Akshaya Varaprathan
"Colours of the Wind"



Sajjal Chitrakar
"Zenbon Sakura"



Alka Patikkal-Jnanesh
"There's Nothing Holding Me Back" (Shawn Mendes)



Hope Zorbas
"Why Don't We" (Grey)

College Report



For parents and carers Wellbeing support for students during the school holidays

This guide provides tips and resources for parents, carers and families to support the mental health and wellbeing of children and young people in their care during the school holidays. This includes services to reach out to if more support is needed.

Actions that support positive mental health

Encourage your young person to:

- Exercise and eat healthily to boost their mood
- Prioritise sleep to support mental and emotional wellbeing
- Explore relaxation techniques and coping strategies
- Stay in touch and catch up with friends and loved ones
- Make time to do things they enjoy
- Practice positive self-talk, and remind them they are not alone
- Seek professional help if needed.¹

The Department have developed wellbeing activities and conversation starters for parents and carers of [primary school-aged children](#) and [secondary school-aged children](#).

Feeling it: [mindfulness resources and activities for senior secondary students](#). Smiling Mind gives tips on self-care, understanding and managing emotions, being mindful, being kind to yourself, navigating uncertainty and preparing for change.

Signs a child or young person may need mental health support

In some cases, these actions will not be enough to support positive mental health.

Keep an eye out and seek professional help for changes that last two or more weeks such as:

- Loss of interest or involvement in activities normally enjoyed
- Feeling 'low', unusually stressed or worried
- Ordinary things get harder
- Being easily irritated or angry
- Taking more dangerous risks, like using alcohol or drugs
- Withdrawal or feeling overwhelmed
- Difficulties with concentration and motivation
- Having a lot of negative thoughts
- Changing in sleeping and eating.^{2,3}



1 headspace – a parents guide to school issues and stress <https://headspace.org.au/friends-and-family/parents-guide-tips-for-managing-stress-and-problems-at-school/>

2 headspace 'mental health and you' poster <https://headspace.org.au/assets/Uploads/Mental-Health-Posters-mqpdf.pdf>

3 headspace – how to talk to your children about mental health <https://headspace.org.au/dads/>

Young people supporting each other

Young people are **most likely to turn to each other for support** before seeking out an adult or service provider.

Young people can support each other by:

- contacting 000 if a friend needs urgent assistance or is at risk of harming themselves or others
- reaching out to a friend, offering support and letting them know you care
- letting their friend know they may need to tell a trusted adult about their concerns.

Having these types of conversations can be difficult for young people. Information for young people on how to support a friend is available on the headspace website: [How to help a friend going through a tough time](#)

Mental health support

- **Your local GP**
- **headspace Counselling:** Victorian Government secondary school students, including those who have just finished schooling, can access counselling services from headspace. During the holidays, students can self-refer by calling their [local headspace centre](#).
- **eheadspace:** 1800 650 890 www.headspace.org.au/eheadspace
- **Kids Helpline:** 1800 551 800 www.kidshelpline.com.au
- **Lifeline:** 13 11 14 www.lifeline.org.au
- **Beyond Blue:** 1300 224 636 www.beyondblue.org.au
- **Head to Help:** 1800 595 212 www.headtohelp.org.au
- **Suicide Call Back Service:** 1300 659 467 www.suicidecallbackservice.org.au
- [Family violence information and supportservices](#)
- **Contacting 000** for urgent assistance

Family violence support and resources

- **Safe Steps:** 1800 015 188 www.safesteps.org.au
- **1800RESPECT:** 1800 737 732 www.1800respect.org.au
- **What's okay at home:** www.woah.org.au
- [Family violence support](#)

Self-harm and suicide prevention resources

- [Getting a mental health care plan](#) (ReachOut)
- [What you need to know about self-harm](#) (headspace)
- [How to help when someone is suicidal](#) (SANE Australia)

Mental health resources

- **Mental Health Toolkit:** contains resources for students, parents and carers to support the mental health and wellbeing of children and young people in their care including:
 - [Raising Learners Podcast Series:](#) providing expert advice/information to parents/carers on topics including how to keep your child safe online
 - [Understanding mental health – fact sheet](#) (Orygen)
 - [Learn how to handle tough times](#) (headspace)
 - [Get into life \(to keep your headspace healthy\)](#) (headspace)
- [Supporting your young person during the holidays](#) (headspace)

College Report

SCHOOL PHOTOS 2022 - Important Registration Information



School Photographs will be taken at

Mill Park Secondary College (Senior School)

Thursday February 3rd, 2022

There is no need to return any forms or payment to school before photo day

Flyers with Unique Image Codes will be issued to all students on or after photo day

When you receive the flyer with your child's 2022 image code

Follow these 3 simple steps -

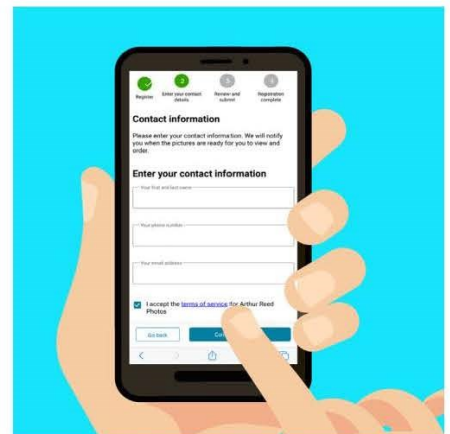
1 Go to order.arphotos.com.au and enter your child's 2022 image code



2 Tap on 'Add another child' to enter the image codes of any siblings



3 Fill in your contact details & review before confirming your registration*



*This information will only be used for distribution of personal image codes and ordering details.

That's it!

**It's important to register each year to link your child's NEW images to your contact details
When 2022 images are ready to view in our secure webshop you'll be notified by email and SMS**

****BEFORE ORDERING for 2022, please wait to receive notification that new images are online****

- Order on any mobile device
- Share the images with family & friends for FREE
- Create a photo package with any layout + YOUR choice of images + Digital Downloads

College Report

SCHOOL PHOTOS 2022 - Important Registration Information

School Photographs will be taken at

Mill Park Secondary College (Middle School)

Thursday February 3rd, 2022

There is no need to return any forms or payment to school before photo day

Flyers with Unique Image Codes will be issued to all students on or after photo day

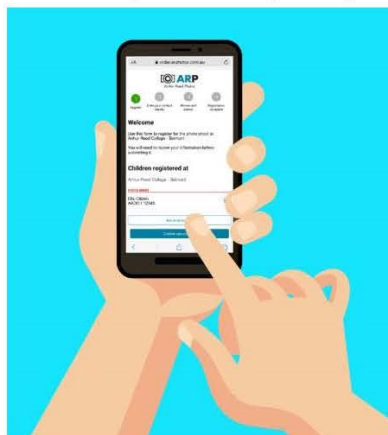
When you receive the flyer with your child's 2022 image code

Follow these 3 simple steps -

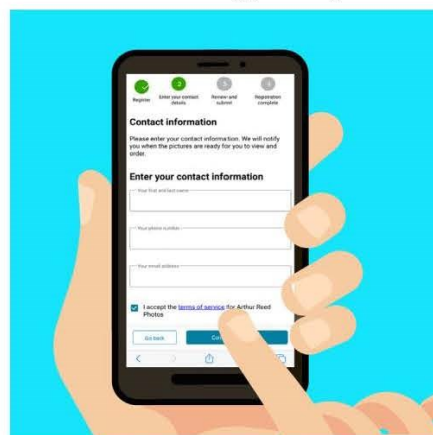
1 Go to order.arphotos.com.au and enter your child's **2022 image code**



2 Tap on 'Add another child' to enter the image codes of any siblings



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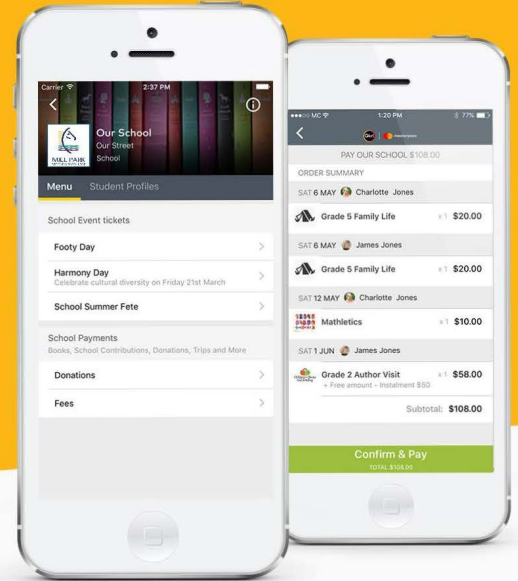
masterpass

For quicker, hassle-free school payments, try Qkr! today

Introducing Qkr! (pronounced 'quicker') by Mastercard, the secure and easy way to order and pay for school items from your phone at a time and place that suits you.

With Qkr you can:

- Pay for a variety of school items;
- See your receipts on the app and get them sent by email if required.



Getting started is easy - try it yourself today

Step 1 Download Qkr!

on your Android phone or iPhone. iPad users can download iPhone app



Step 2 Register

Select your Country of Residence as 'Australia' and follow the steps to register

Step 3 Find our school

Our school will appear in 'Nearby Locations' if you're within 10kms of the school, or search for our school by name.

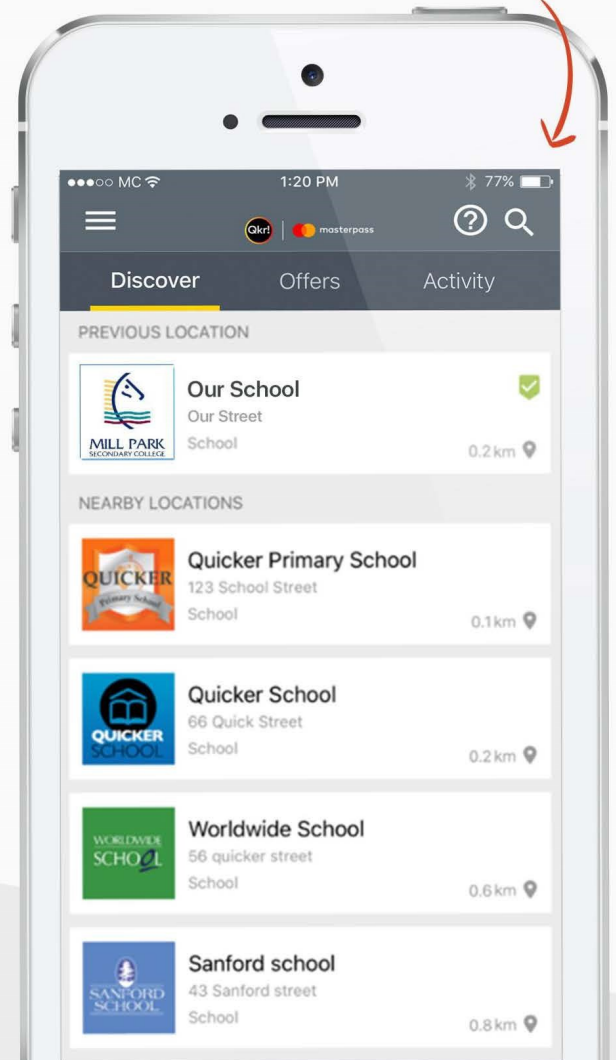
Step 4 Register your children

When first accessing our school you will be prompted to add a student profile for your child. This allows you to make orders and payments for them.

Search for our school name

If you have made a purchase you can select our school from 'Previous Location'

If you're within 10 kms of the school, you can select our school from 'Nearby Locations'

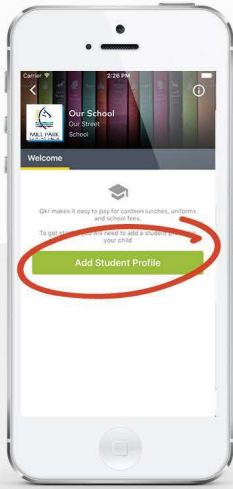




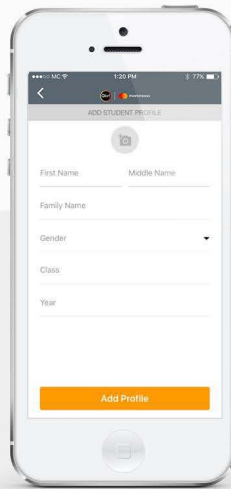
masterpass

Add your children's details in Student Profiles

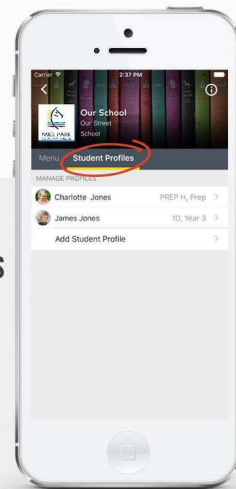
Select
'Add student profile'



Add each
child's details

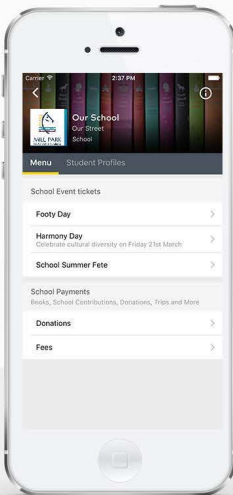


Manage each
child's details in
Student Profiles

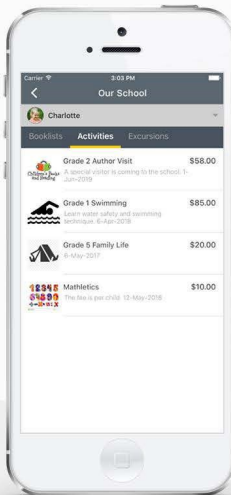


Purchase school items

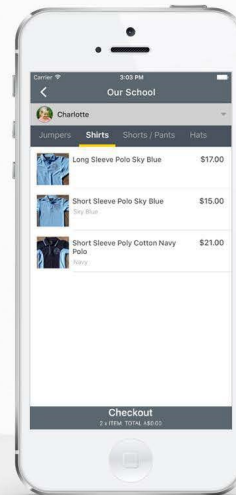
Select a menu
from our school



Select child
you are
ordering for



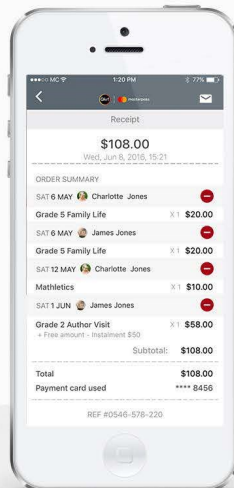
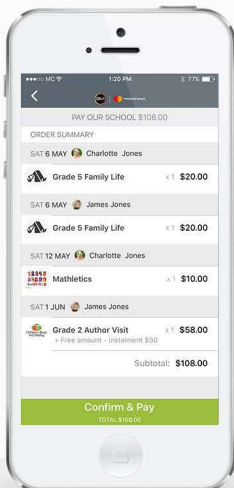
Select your items



Tap 'Checkout'
then confirm and pay

Making payments

Add up to 5 cards to your wallet



At checkout select which card to
pay with.

Pay with any cards accepted
by the school.

Once your payment is approved you
can continue to the home page, or
view your receipt.